



#### Child's Lifejacket, Chico 100N, CE ISO 12402-4

Chico 100Nt lifejacket provides an improved fit and maximum safety. A large flotation collar supports the child's head, while the small size also features a fabric pampers and a crotch strap for greater safety. Its foam distribution provides quick turn and face properly out of the water. It includes one webbing fastener, whistle, plastic zip and SOLAS retro reflective tapes. An end rope with plastic button is fixed at the end of each lifejacket for adjustable wearing. Approved to the latest European standards for 100 Newton lifejackets, ISO 12402-4. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8, for higher strength, quality and durability. It is available in 2 sizes.



Code	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71073	15-30	60-70	45
71074	30-40	70-80	55



#### Child's Lifejacket, Chico 150N, CE ISO 12402-3

Chico 150Nt lifejacket provides an improved fit and maximum safety. A large flotation collar supports the child's head, while the small size also features a fabric pampers and a crotch strap for greater safety. Its foam distribution provides quick turn and face properly out of water. It includes one webbing fastener, whistle, plastic zip and SOLAS retro reflective tapes. An end rope with plastic button is fixed at the end of each lifejacket for adjustable wearing. It also provided with a lifting loop for easier rescue. Approved to the latest European standards for 150 Newton lifejackets, ISO 12402-3. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8 for higher strength, quality and durability. It is available in 2 sizes



Code	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71075	15-30	60-70	60
71076	30-40	70-80	75



#### Pets Lifejackets

BEST  
VALUE



#### Pet Retriever Buoyancy Aid & Harness

Keep your pet safe on board with the Lalizas Pet Retriever Buoyancy aid and Harness. The Lalizas Pet Retriever features a foam construction buoyancy aid and strong lifting loop to enable you to retrieve your pet. Suitable for both dogs and cats. Available in four sizes from extra small to large.

Code	20020	20021	20022	20023
Weight (Kg)	< 8	8-15	15-40	> 40
Chest circumference min-max (cm)	25-48	30-60	43-84	46-95



## Watersports Buoyancy Aids

### ADVISOR

#### Use

Buoyancy aids are intended for swimmers and when the shore or any help are close.

For this reason they are mostly used for water sports with varying demands. In order to meet the demands of each sport, a wide variety of designs has been developed. Specifically, Lalizas offers buoyancy aids for sailing, canoeing, kayak, dinghy sailing and water skiing. Such a variety could make your decision more difficult than easier. However, you should always keep in mind that each model of buoyancy aid is designed to offer safety, fit and ease of movement, depending on the conditions of each sport. Therefore, Lalizas suggests that first you decide what sport you want to practice and then choose the appropriate buoyancy aid.

#### Instructions of Use

Buoyancy aids are available in the form of a jacket. The type of closure depends on the demands of each sport, so as to have a better fit on you. You wear the buoyancy aid over your shoulders and zip or fasten the straps. The buoyancy aid is worn headfirst and then you zip it and adjust the straps, so as to have a comfortable fit but not too tight.

#### Maintenance / Replacement

Lalizas products are manufactured following the highest construction standards, so that you may enjoy the best combination of quality, durability and safety. Nevertheless, if you do not use properly your buoyancy aid and one of the following happens, you should replace it with a new as soon as possible.

- The seams on the shoulders, on the side or the straps are worn out
- The straps have tears
- The clips are broken
- The outer shell of the buoyancy aid is torn or has cuts
- The elastic parts are worn out and it does not have a comfortable fit (too loose)

In order to avoid all of the above, you should keep your buoyancy aid away from extreme temperatures, flame and any sharp surfaces. Also after each use, you should wash it with clear lukewarm water. Always keep in mind that you should maintain your buoyancy aid in good condition and always wear it while at sea, as it will be proved to be valuable to you, when you need it.

### USEFUL HINTS

#### Windsurfing

**On the Water:** You should never windsurf alone, always surf in company in case you need help.

**Wind & Tide:** Never surf in an offshore wind, as it can be very dangerous. Offshore winds tend to increase in strength the further you go and will eventually take you away from your base. Choose a beach where the wind is blowing cross-shore or cross-on. Avoid surfing in poor visibility, such as surfing at dusk and in a sea mist. Finally, be very careful of the tides, as a strong tidal stream can also sweep you far from base.

**Condition of Equipment:** Before going afloat for windsurfing, you should always check your equipment thoroughly. First of all, check all parts of the sail board for signs of wear. You should ensure the deck plate is fitted securely, so the rig and board will not separate and always check the mast for any damage. When you rig the sail, you should ensure that the ropes are not frayed if so, always replace them. Make sure that the ropes are cleated and tied off. After use, wash off your equipment with clean, fresh water. For further security, mark the board and the rigging with your name and telephone number using a security pen.

**Self Rescue:** Undoubtedly, it is better to be safe than sorry. Therefore, always be prepared for the worst and know how to rescue yourself without another's help. In order to self-rescue, you should always carry spare rope and either a dayglo flag or pocket flare for attracting attention. Also, it is vital to know the international distress signal - raise and lower both arms either side of your body, but you should not cross them above your head. NEVER LEAVE YOUR BOARD, as it will help you stay on the surface and help would-be rescuers to notice you. Finally, it is better to attempt a self-rescue before you become cold or exhausted.

**The Butterfly Technique:** This technique should be used under calm weather conditions. Turn the rig around so that the boom lies across the board and the mast points towards the back. Lying on your front and using your legs to keep the sail out of the water, start paddling, while in strong winds, roll up the sail before attempting the self-rescue. Only in extreme conditions and if you are in reach of the shore, should you leave your rig behind and paddle to shore. If you ever have to abandon any equipment, inform the Coastguard.

#### Buoyancy Aid Pro Race, 50N, ISO 12402-5

The Pro Race buoyancy aid has been designed as the "ultimate" high performance jacket. Its compact manufacturing is ideally suited for dinghy sailors, sport canoeists and windsurfers. The Pro Race buoyancy aid features high density soft PVC foam buoyancy, double sided Velcro waist straps, side entry zip, a mesh front pocket and SOLAS retro reflective tapes. It is approved to the latest European standards for 50N buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 & ISO 12402-8, for higher strength, quality and durability. Our unique double Velcro waist strap makes the Pro Race series fully adjustable to a variety of chest size users and the elastic band shoulders make it to fit younger users. It is available in 3 sizes in red and orange colour.

● Code	71443	71444	71445
● Code	71446	71447	71448
Buoyancy (N)	>35	>45	>50
Body Weight (Kg)	25-40	40-70	>70
Chest size (cm)	65-80	80-100	100-130



Our unique double velcro waist strap makes the Pro Race series fully adjustable to a variety of chest size users



Pro race buoyancy aid has elastic band shoulders, designed to fit younger users



# USEFUL HINTS

## Water Skiing

### Water Skiers

As a water skier you should always:

- Be a good swimmer and wear a lifejacket and a wetsuit or drysuit
- Check that your equipment is in good condition and replace it if necessary
- Watch the water ahead of you and stay away from solid obstacles such as boats, mooring buoys, rocks, etc.

- Avoid falling forward, but sit down or if you fall sideways, curl yourself into a ball

- Always let go of the handle when you are falling

- Ski parallel to the shore and when returning to land, do so slowly

- If you fall, keep the skis near, they will assist you to stay on the surface

Apart from these rules, as a water skier you should never:

- Wrap the rope around parts of the body such as foot, hands or fingers

- Ski in unknown or shallow waters or even at night

- Ski ahead of or to the side of another boat

### Ski Boat Driver

The Ski Boat Driver should always:

- Have competent observer on board at all times, whether towing a skier or not

- Make sure that the observer understands water ski signals.

- Wait for the water skier's tips above the water and then give a smooth and steady pull on take off

- Turn with gradual wide arc turns

- Return immediately to pick up the skier and always carry an extra lifejacket in the boat

- Shut off your motor before taking aboard a skier

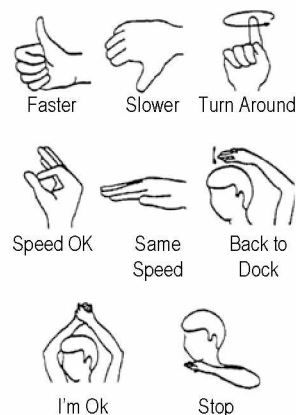
- Be insured against third party risks

Also, as a ski boat driver you should never:

- Drive the boat through restricted areas or beaches with swimmers

- Drive the boat near other boats or floating obstacles

### Water Skiing Hand Signals



## Easy Rider Buoyancy Aids 50N, CE ISO 12402-5

The Easy Rider Buoyancy Aid is a basic and economic version for water sports. It covers the waist and back throughout the body, while it remains comfortable. It includes one fixed and one adjustable webbing fastener, whistle and SOLAS retro reflective tapes. Approved to the latest European standards for 50Newton buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8, for higher strength, quality and durability. It is available in 2 sizes, in orange/yellow colour combination.

Code	Type	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71089	Child	25-40	65-80	40
71090	Adult	>40	80-130	55



## Slalom Buoyancy Aid 50N, CE ISO 12402-5

The Slalom Buoyancy Aid has an improved design that provides tighter and convenient fitting on the wearer. It features a polyester outer shell, while its buoyant material is Soft PVC. It offers a new level of comfort and buoyancy, webbing fasteners and one top waist webbing fastener for total safety, plastic loop for keys, net holes for removing water and SOLAS retro reflective tapes. Approved to the latest European standards for 50 Newton buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8, for higher strength, quality and durability. It is available in 4 sizes, in blue/black colour combination.

Code	Type	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71064	Child	25-40	65-80	40
71065	Adult	40-70	80-100	50
71066		70-90	100-110	55
71067		>90	110-125	60



### ADVISOR

### Jet ski

#### Users

Jet Ski users should conform with the following:

**YOUNG PERSONS:** Supervision by an adult is very strongly recommended when children aged under 16 are using a PWC. In some countries there are age restrictions on children using PWC's. Local regulations must be adhered to

**PRE-LAUNCH CHECKS:** You should always check whether the hull is intact and the seats / hatches are secure. Also, check that the engine operates efficiently, check fuel to ensure adequate fuel for your trip and apply noise baffles if necessary

**SAFETY GEAR:** Always carry a fire extinguisher, pyrotechnics, First Aid kit, knife, tool kit (including spare spark plug), anchor and line, foot protection and check for full petrol and correct oil level

**LEGAL REQUIREMENTS:** Always have aboard your insurance, registration certificate and your hull number displayed (see local regulations). Use only in PWC designated areas

**OFF SHORE CRUISING:** Always have a compass, VHF radio (hand held), charts and a plan for your trip.

**AFTER USE CHECKS:** Flush through the engine with fresh water and check that everything is secured for road transportation. Finally check that the light board is working

### Neo Buoyancy Aids 50N, CE ISO 12402-5

The Neo Buoyancy aid is a new design, which features a neoprene outer shell for tighter and stylish fit, while its buoyant material is soft PVC offering a new level of comfort and buoyancy. It also features two webbing moving fasteners for total safety, plastic zip, net holes for removing water and SOLAS retro reflective tapes. Approved to the latest European standards for 50 Newton buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8 for higher strength, quality and durability. It is available in 5 sizes, in white/red/black colour combination.

Code	Type	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71068	Child	25-40	65-80	40
71069	Adult	40-50	80-90	45
71070		50-70	90-100	50
71071		70-90	110-120	55
71072		>90	120-130	60



### USEFUL HINTS

### Canoeing / Kayaking

**Before you leave:** Before you start your trip you should always inform a responsible person on shore or the Coastguard of your plans. First of all, you should give the number of persons involved, the name of the center or organization and the area of the operation. Also, the number of canoes / kayaks, as well as, their types (singles, doubles, etc.) should be specified. Remember to inform the Coastguard of the start and finish points, along with your ETA. Immediately notify the responsible person or the Coastguard of any change in your plans as well as, the revised time the activity is scheduled to be completed.

**Be prepared:** You should always have the proper equipment when going afloat. This equipment includes a suitable paddle and spares, adequate spare clothing, buoyancy aids or life jackets, a spray cover fitted with a release strap and a safety helmet. Additionally, an accurate compass, an updated chart, First Aid and repair kits plus distress flares are equipment that should always be carried. It is suggested that you carry a waterproof container for all necessary equipment, while for longer trips you should take with you emergency food, means of providing a hot drink as well as an exposure bag (TPA). Apart from the above equipment, canoeists and kayakers should follow some basic rules. First of all, the canoe or kayak should have maximum buoyancy at both ends. Grabs and toggles should be fitted at each end, as they provide suitable holding areas, in case of rescue. Also, the deck lines should be taut and not take up other areas. Lastly, for safety and identification, it is suggested that the canoe / kayak is painted in a bright colour and the name and address of the owners organisation is clearly marked inside the cockpit.

#### On the Water

- Follow the plan given to your shore contact
- Don't canoe or kayak on your own. It is recommended to have at least three people in company
- In case of emergency stay with your craft
- Always have a waterproofed VHF radio with you
- It is better to use a combination of safety equipment rather than relying on just one method



### Performance Buoyancy Aids 50N, CE ISO 12402-5

The Performance Buoyancy Aid has an ergonomic design that provides better fitting and storage. It features a polyester outer shell, while its buoyant material is Soft PVC. It offers a new level of comfort and buoyancy, while it features one waist webbing fastener for total safety, pocket with velcro tape, plastic zip and SOLAS retro reflective tapes. Its reflective silver edging and advanced back neck area complete its design characteristics. Approved to the latest European standards for 50 Newton buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8, for higher strength, quality and durability. It is available in 3 sizes, in blue/white colour combinations.

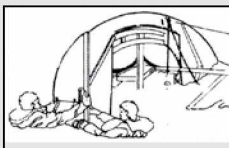
Code	Type	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71091	Child	25-40	65-80	40
71092	Adult	40-70	80-100	50
71093		>70	100-130	55
71288		>90	130-160	65



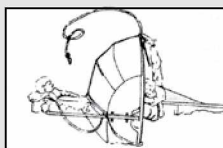
## Dinghy Sailing

### Recovery of a Dinghy

Sailing dinghies often capsize. Therefore, it is vital that the helm and crew should always know the correct way to return the dinghy to its upright position.



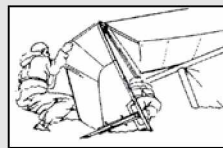
1. The helmsman and crew should check whether the rudder is secure. Using the mainsheet as a lifeline, the helmsman should swim around the outside of the boat to the centerboard



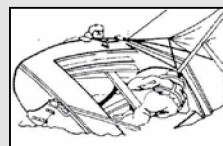
2. The crew should check whether the centreboard is down, while the helmsman should hold on to it - to prevent the dinghy from inverting



3. The crew should throw the jib sheet over to the helmsman



4. The crew should lie in the floating hull



5. The helmsman then climbs onto the centreboard and leans back holding onto the jib sheet

6. As the dinghy returns to its upright position, the crew is scooped in and then helps the helmsman back on board

### Action Buoyancy Aids 50N, CE ISO 12402-5

The Action Buoyancy Aid has an improved design, which provides tighter and convenient fitting on the wearer. It features a polyester outer shell, while its buoyant material is Soft PVC. It offers a new level of comfort and buoyancy, double webbing fasteners for total safety, plastic zip and SOLAS retro reflective tapes. Its reflective silver edging and advanced back neck area complete its design characteristics. Approved to the latest European standards for 50 Newton buoyancy aids, ISO 12402-5. All of its raw materials are certified per ISO 12402-7 and ISO 12402-8 for higher strength, quality and durability. It is available in 4 sizes, in orange/black colour combination.

Code	Type	Weight (kg)	Chest Size (cm)	Buoyancy (Nt)
71060	Child	25-40	65-80	40
71061	Adult	40-70	80-100	50
71062		70-90	100-110	55
71063		>90	110-125	60

